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				<p>of adolescents. How to manage their own anxiety and stress was also shared. A short video was played to make them understand the importance of discussion on mental health issues. The seminar was ended by Vote of Thanks given by Smt. Chinmayee Nanda. A feedback form was also circulated to them after completion of the seminar.</p> <p style="text-align: center;">Resource person Jlilic Dutta And Ankita Adhikary Counsellor- CINI-TEENLINE</p>
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