

# **Report of the Five Year Activities and Achievements of Sports Committee of Heramba Chandra College**

Heramba Chandra College boasts a distinguished history in sports and games. The college, through its Sports Committee, actively encourages students to participate in state-level, national-level, and international-level sports events.

## **Annual Sports Event**

The Sports Committee organizes Annual Sports for both students and staff, fostering a spirit of camaraderie and competition within the college community. Students participate enthusiastically in various sports, showcasing their talents and sportsmanship.

## **Celebrations and Observances**

The Sports Committee also celebrates significant events such as International Yoga Day and National Sports Day within the college. These celebrations not only promote physical well-being but also raise awareness about the importance of sports and physical activities in daily life.

Through these initiatives, Heramba Chandra College continues to support and nurture the athletic aspirations of its students, contributing to their holistic development.

## **Academic Year 2018-2019**

In the academic year 2018-2019, the Annual Sports event was held on February 4, 2019. Students registered enthusiastically for various events including:

- 100m race (Male and Female)
- 200m race (Male and Female)
- Shot put
- Long jump

Teaching and non-teaching staff also actively participated in the Annual Sports, fostering a spirit of camaraderie and competition within the college community.



### ANNUAL SPORTS 2019

#### Achievements of the Students in State/National/International Events:

Year	Name	Event	Rank
2018	Raunak Pathak	4 <sup>th</sup> Adra Fide Open International Rated Chess Tournament-2018	2 <sup>nd</sup>
2019	Raunak Pathak	4 <sup>th</sup> Triple "C" All India Open Fide Rating Chess Championship 2019	5 <sup>th</sup>
2018	Ayantika Dey	Kolkata Junior/Sub-Junior Aquatic Meet held on 25.08.2018	2 <sup>nd</sup>
2019	Rowing Team	4 <sup>th</sup> BRC Inter College Rowing Championship 2019	Champion

## **Academic Year 2019-2020:**

The Annual College Sports for the academic year 2019-2020 was held on February 17, 2020, at the Deshapriya Park Ground. Both boys and girls actively participated in events like:

- 100m race
- 200m race
- Shot put
- Long jump

The Sports Committee managed the registration of participants for several of these events. Teachers and other staff of the institution assisted in the smooth running of the events and also enjoyed being thrilled spectators. The event was graced by esteemed guests, Mr. Satyajit Chatterjee, an Ex-Indian player, and Mr. Baiswanor Chatterjee, President of the Governing Body.

At the end of the day, prizes were distributed to the students who secured first, second, and third positions in different events. The proud winners were awarded medals and certificates by the college Principal and other senior staff members of the institution.



**ANNUAL SPORTS 2020**

## **Achievements of the Students in State/National/International Events:**

Year	Name	Event	Rank
2019	Ayantika Dey	76 <sup>th</sup> All Kolkata Invitation Annual Aquatic Meet held on 6 <sup>th</sup> and 7 <sup>th</sup> September 2019	1st
2019	Ayantika Dey	Calcutta District Senior/Junior/Sub-Junior Aquatic Championship held on and from 27/07/2019 to 28/07/2019	1 <sup>st</sup> -200 MTR. Individual Medley. 3 <sup>rd</sup> -100 MTR. Breast Stroke
2019	Badminton Team	Calcutta University Inter College Badminton Championship, 2019	Runners Up.

### **Academic Year 2021-2022:**

Due to the COVID-19 pandemic, the Annual Sports event could not be organized in the academic year 2020-2021.

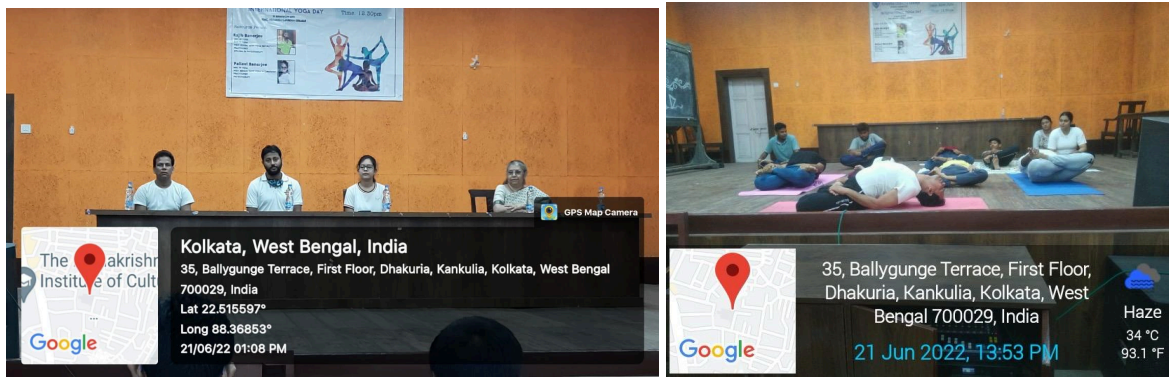
### **International Yoga Day Workshop (2021-2022)**

To celebrate International Yoga Day, the Sports Committee of Heramba Chandra College, in association with the Internal Quality Assurance Cell (IQAC), organized a workshop titled "How to Stay Fit" on June 21, 2022. The workshop saw a participation of 104 individuals.

The resource persons for the workshop were:

- Mr. Rajib Banerjee (MSc in Yoga, PGD in Yoga, West Bengal, Yoga Naturopathy Practitioner, and Diploma in Physiotherapy)
- Mrs. Pallavi Banerjee (MSc in Yoga, West Bengal, Yoga Naturopathy Practitioner, and Diploma in Physiotherapy)

The workshop emphasized the importance of incorporating yoga into daily life for enhanced overall health and well-being.



**CELEBRATION OF INTERNATIONAL YOGA DAY**

In this academic year, our college Kabaddi Team (Men) for the first time participated in the Inter Collegiate Tournament of The University of Calcutta for the Session 2021-2022.



**KABADDI TEAM (MEN)**

**Achievements of the Students in State/National/International Events:**

Year	Name	Event	Rank
2022	Utsab Chatterjee	National Junior Chess	2nd

		Championship held from 09/03/2022 to 13/03/2022	
2021	Raunak Pathak	East Zone Inter University Tournament (20-23 December 2021-2022)	2nd

### Academic Year 2022-2023:

The Sports Committee could not able to organize annual sports in this academic year due to some unavoidable circumstances. Despite the challenges faced in organizing annual sports, our students have shown remarkable achievements in university-level sports events:

- **Chess:** Two students, Utsab Chatterjee and Raunak Pathak, participated as members of the University of Calcutta Chess (Men) Team in the All India Inter Zonal Inter University Chess (Men) Championship 2022-2023 organized by AMET University, Chennai, Tamil Nadu. The team emerged as champions.
- **Waterpolo:** Another student, Somnath Mondal, participated as a member of the Calcutta University Waterpolo Team, which secured 3rd position in the All India Inter-University Waterpolo Tournament held at Calicut University from July 6, 2022, to July 8, 2022.

### Achievements of the Students in State/National/International Events:

Year	Name	Event	Rank
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2023	Utsab Chatterjee	MMT International Open Fide Rated Chess Tournament from 23 <sup>rd</sup> April to 27 <sup>th</sup> April, 2023.	1st
2023	Utsab Chatterjee	Vibgyor Chess Meet, an All Bengal Open Rapid Chess Tournament from 29 <sup>th</sup> to 30 <sup>th</sup> April, 2023.	1st